

HOME CARE PACKAGES

FREQUENTLY ASKED QUESTIONS

What is a Home Care Package?

The Home Care Packages program is a government-subsidised program that provides long-term support for older people who want to stay living at home. There are four levels of Home Care Package for different levels of care and support needs. Each level receives a different amount of funding. This money can be used to buy hours of care or other support that suits your needs.

What are the Home Care Package levels?

There are four levels of Home Care Package for different care and support needs:

- Level 1 for basic care needs - \$8,271
- Level 2 for low-level care needs - \$15,045
- Level 3 for intermediate care needs - \$33,076
- Level 4 for high-level care needs - \$50,286

Who can apply?

Home Care Packages are available for people 65 years of age and above.

There are no citizenship or residency restrictions on Home Care Packages. However, they are not allocated to visitors of Australia or people who need only temporary or short-term care. If you require short-term care, the Commonwealth Home Support Program might be a better option for you.

What happens during an assessment?

During the assessment visit, the Aged Care Assessment Team clinician (usually a nurse, social worker or other health care professional) will ask questions about how well you are managing in your day-to-day life. They will give you advice about the types of care services that may allow you to stay at home. You will be notified about possible further stages of the process.

How can I prepare for the assessment?

During the assessment, you will be asked about what you can still do for yourself and what you want assistance with. It helps if you have already thought about what your needs are, and about what you think you will need in the foreseeable future.

What services are provided?

Personal Care – Showering, dressing, continence management, podiatry, occupational therapy

Home Care – Home cleaning, laundry, beds

Shopping Assistance

Transport – Escorted to medical appointments, hairdressing, fuel, taxi vouchers

Meal Preparation – Basic cooking assistance, meal delivery

Garden & Lawn Maintenance – Including hire of some equipment and modifications

In Home Respite – Personal support, medication, alarm monitoring

Social Activities & Programs – Exercise programs, yoga, hydrotherapy, massage, gym, personal trainer etc.