

# ONLINE PROGRAMS TIMETABLE

Sign up for our online, interactive programs today! All programs are delivered via Zoom. If the class you wish to take is full, please still get in contact with us to discuss options. Email [contact@genu.org.au](mailto:contact@genu.org.au) to sign up or call (03) 9486 5077 for more information.

Program	Day & Time	Program	Day & Time
<b>Armchair Travel</b> It's time to travel the world, all from the comfort of your own lounge chair! Explore different countries, cultures, and traditions. Travel to a different country every week.	<ul style="list-style-type: none"> <li>Wednesdays 9.00am-10.15am</li> <li>Wednesdays 10.30am-11.45am</li> <li>Fridays 2.15pm-3.30pm</li> </ul>	<b>Sing Star</b> Release your inner superstar! Take turns singing all your favourite songs. Different songs and dances each week.	<ul style="list-style-type: none"> <li>Thursdays 2.45pm-3.45pm</li> <li>Thursdays 1.15pm-2.30pm (</li> <li>Fridays 1.15pm-2.30pm</li> </ul>
<b>Media Studies</b> With your peers, explore, study and discuss all your favourite films from all genres.	<ul style="list-style-type: none"> <li>Mondays 9am-10.15am</li> <li>Mondays 10.30am-11.45am</li> <li>Tuesdays 12.45pm-2.00pm</li> </ul>	<b>Health &amp; Fitness</b> Different exercise and fitness classes each week — from aerobics to dance to yoga.	<ul style="list-style-type: none"> <li>Tuesdays 2.15pm-3.15pm</li> <li>Thursdays 9.00am-10.15am</li> <li>Thursdays 10.30am-11.45am</li> </ul>
<b>Literacy</b> Practice and improve your literacy skills. Different and fun reading and writing activities every week.	<ul style="list-style-type: none"> <li>Mondays 1.15pm-2.30pm</li> <li>Tuesdays 9am-10.15am</li> <li>Tuesdays 10.30am-11.45am</li> </ul>	<b>Craft &amp; Jewellery Making</b> Fun activities such as making your own necklaces and bracelets.	<ul style="list-style-type: none"> <li>Mondays 9am-10.15am</li> <li>Mondays 10.30am-11.45am</li> <li>Mondays 1.15pm-2.30pm</li> <li>Thursdays 9.30am-10.45am</li> </ul>
<b>Cultural Diversity</b> Celebrate and explore different cultures, countries and traditions. Learn things that are different from your own culture!	<ul style="list-style-type: none"> <li>Wednesdays 1.15pm-2.30pm</li> </ul>	<b>Cooking</b> Use ingredients that you already have at home to make yummy and simple meals.	<ul style="list-style-type: none"> <li>Fridays 9.00am-10.15am</li> <li>Fridays 10.30am-11.45am</li> </ul>
<b>Book Club</b> Read through different books and discuss with others your favourite and least favourite parts.	<ul style="list-style-type: none"> <li>Tuesdays 1.15pm-2.30pm</li> </ul>	<b>Virtual Tours</b> Take a trip through some of the world's greatest collections on these virtual museum and gallery tours.	<ul style="list-style-type: none"> <li>Wednesdays 10.30am-11.45am</li> <li>Wednesdays 1.15pm-2.30pm</li> </ul>
<b>Make Up</b> Learn to express yourself through the art of makeup. Celebrate your individuality!	<ul style="list-style-type: none"> <li>Tuesdays 11am-2.00pm</li> </ul>	<b>Dance</b> Dance to all your favourite music, learn new dance moves and share your dance moves with others. The best way to spend a Friday afternoon!	<ul style="list-style-type: none"> <li>Fridays 9.30am-10.45am</li> <li>Fridays 1.15pm-2.30pm</li> </ul>
<b>Science</b> Learn about how the natural world works through Science.	<ul style="list-style-type: none"> <li>Wednesdays 1.00pm- 2.00pm</li> </ul>	<b>IT &amp; Computers</b> Develop your computer and IT skills.	<ul style="list-style-type: none"> <li>Wednesdays 10.30am-11.45am</li> <li>Wednesdays 2.00pm-3.00pm</li> </ul>
<b>Numeracy</b> Build your numeracy, counting and problem solving skills.	<ul style="list-style-type: none"> <li>Wednesdays 9am-10.15am</li> <li>Thursdays 1.15pm- 2.30pm</li> </ul>	<b>Trekking the Planets and Beyond</b> Explore the Solar System and movies about space. Celebrating all things Star Trek!	<ul style="list-style-type: none"> <li>Tuesdays 12.45pm- 2.00pm</li> </ul>

